

# January 2025

# FHS Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

## Did you know?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.

6  
Chocolate Lava Donut Bites  
Or  
Strawberry Pop Tart

Sliced Peaches  
Juice Box  
Choice of Milk

13  
WG Chocolate Chip Breakfast Cookie With Yogurt  
Or  
Strawberry Pop Tart  
Diced Pears  
Juice Box  
Choice of Milk

20  
No School  
Martin Luther King Jr. Day

27  
WG Chocolate Chip Breakfast Cookie With Yogurt  
Or  
Strawberry Pop Tart  
Diced Pears  
Juice Box  
Choice of Milk

7  
Strawberry Shortcake Donut  
Or  
Assorted Cereal

Strawberries  
Juice Box  
Choice of Milk

14  
Winter Sprinkle Donut  
Or  
Assorted Cereal

Red Grapes  
Juice Box  
Choice of Milk

21  
Smore's Donut  
Or  
Assorted Cereal

Strawberries  
Juice Box  
Choice of Milk

28  
Winter Sprinkle Donut  
Or  
Assorted Cereal

Red Grapes  
Juice Box  
Choice of Milk

1  
No School  
Winter Break

8  
Caramel Mini Cinni's  
Or  
Assorted Cereal  
Granny Smith Apple  
Juice Box  
Choice of Milk

15  
WG Funnel Cake  
Or  
Assorted Cereal

Apple Slices  
Juice Box  
Choice of Milk

22  
No School

29  
WG Funnel Cake  
Or  
Assorted Cereal

Apple Slices  
Juice Box  
Choice of Milk

2  
No School  
Winter Break

9  
Bacon, Egg & Cheese Bagel  
Or  
Assorted Cereal  
Mandarin Oranges  
Juice Box  
Choice of Milk

16  
Trix French Toast  
Or  
Assorted Cereal  
Orange Wedges  
Juice Box  
Choice of Milk

23  
Bacon, Egg & Cheese Bagel  
Or  
Assorted Cereal  
Mandarin Oranges  
Juice Box  
Choice of Milk

30  
Trix French Toast  
Or  
Assorted Cereal  
Orange Wedges  
Juice Box  
Choice of Milk

3  
No School  
Winter Break

10  
No School

17  
Biscuits & Sausage  
Gravy  
Or  
Assorted Cereal

Fruit Cocktail  
Juice Box  
Choice of Milk

24  
WG Mini Chocolate Chip French Toasters  
Or  
Assorted Cereal

Pineapple  
Juice Box  
Choice of Milk

31  
Biscuits & Sausage  
Gravy  
Or  
Assorted Cereal

Fruit Cocktail  
Juice Box  
Choice of Milk

## Milk Substitutions

Daily milk substitutions are available to all district students who have a current completed Allergy Form submitted to the school nurse. Please note that this form must be completed each school year.

Options available are:

Vanilla Almond Milk  
Chocolate Almond Milk  
Lactose Free Milk  
Oat Milk  
Soy Milk

## Assorted Breakfast Pastries Available Daily

## Pork Items

Menu Items that contain pork are highlighted in yellow

\*Menu is subject to change due to vendor food shortages and NDS staffing